

DONNING AND DOFFING GUIDE FOR DENTAL PRACTITIONERS

According to the CDC, high risk jobs are those with potential for exposure to known or suspected sources of COVID-19. Workers in this category include dental professionals performing aerosol-generating procedures (eg.cough induction procedures, some dental procedures, exams or invasive specimen collection). It is important to wear PPE to protect yourself and others from COVID-19. Follow the donning and doffing steps below. Additional information on PPE use during clinical care can be found at <https://www.cdc.gov/coronavirus/2019-ncov/hcp/dental-settings.html>.

For optimal protection and to avoid cross-contamination during the donning and doffing process, follow these steps:

DONNING	DOFFING
<ol style="list-style-type: none"> 1. Perform hand hygiene 2. Protective Clothing: Don the gown first. When using a gown with back closure, a second operator should assist in securing the back. 3. Respirator: Proceed with respirator next. Tighten straps for secure, comfortable fit. 4. Eye Protection: Place goggles or face shield over the mask straps and ensure the elastic strap fits snugly on the head. 5. Perform hand hygiene before putting on gloves. 6. Gloves: Don gloves as the final step, be sure to extend the gloves over the gown cuff or clothing to cover the wrist and limit exposure. 	<ol style="list-style-type: none"> 1. Remove gloves being careful to prevent additional contamination of hands. Gloves can be removed using more than one technique with the primary goal of not touching the outside contaminated portion. Discard in sealed trash receptacle. 2. Remove gown. Untie or unsnap all buttons (A) Reach up to the shoulders (B) Carefully pull gown down and away from the body (C) Rolling the gown down (D) Discard in sealed trash receptacle. 3. Exit examination room and perform hand hygiene. 4. Remove face shield or goggles by grabbing the strap, pulling upwards and away from head. Do not touch the front of face shield or goggles. Discard in a sealed trash receptacle or prepare for cleaning/reprocessing. 5. Remove and discard respirator without touching the front of the respirator. Remove the bottom strap by touching only the strap and bring it carefully over the head. Grasp the top strap and bring it carefully over the head, and then pull the respirator away from the face. Discard respirator in a sealed trash receptacle. 6. Perform hand hygiene after removing the respirator.



IMPORTANT TIPS TO REMEMBER

- PPE must be donned correctly before entering the patient area.
- PPE must remain in place and be worn correctly for the duration of work.
- PPE should not be adjusted (i.e.; retying gown, adjusting respirator/face mask) during patient care.
- PPE must be removed slowly and deliberately in a sequence that prevents self-contamination.
- Ensure safe waste management. Treat waste contaminated with blood, body fluids, secretions and excretions as medical waste, in accordance with local regulations.

HAND HYGIENE

Before donning and after doffing PPE for care of any patient, proper hand hygiene should be performed. Wash hands with soap and water for at least 20 seconds, or disinfect hands with an alcohol gel (>70%) in compliance with your organization's recommended procedure.

➔ For more information on infection prevention and control of COVID-19, please visit: www.ansell.com/us/en/the-new-coronavirus

Please Note: Given the novelty of this coronavirus, recommendations from the source references are interim and advisory in nature and are based on current knowledge of the situation. Always ensure compliance with your local public health authorities regulations surrounding conservation, usage, and selection guidance of PPE to combat the COVID-19 pandemic.